

1820

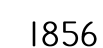
Born 17th
May,
Italy



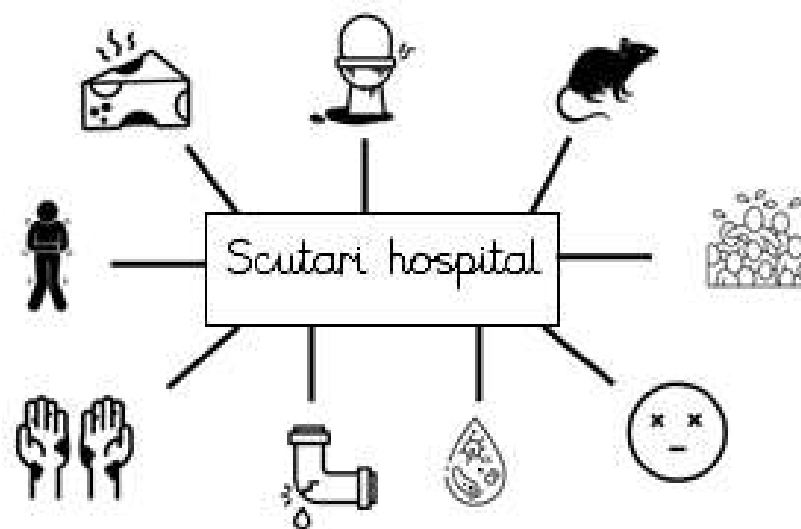
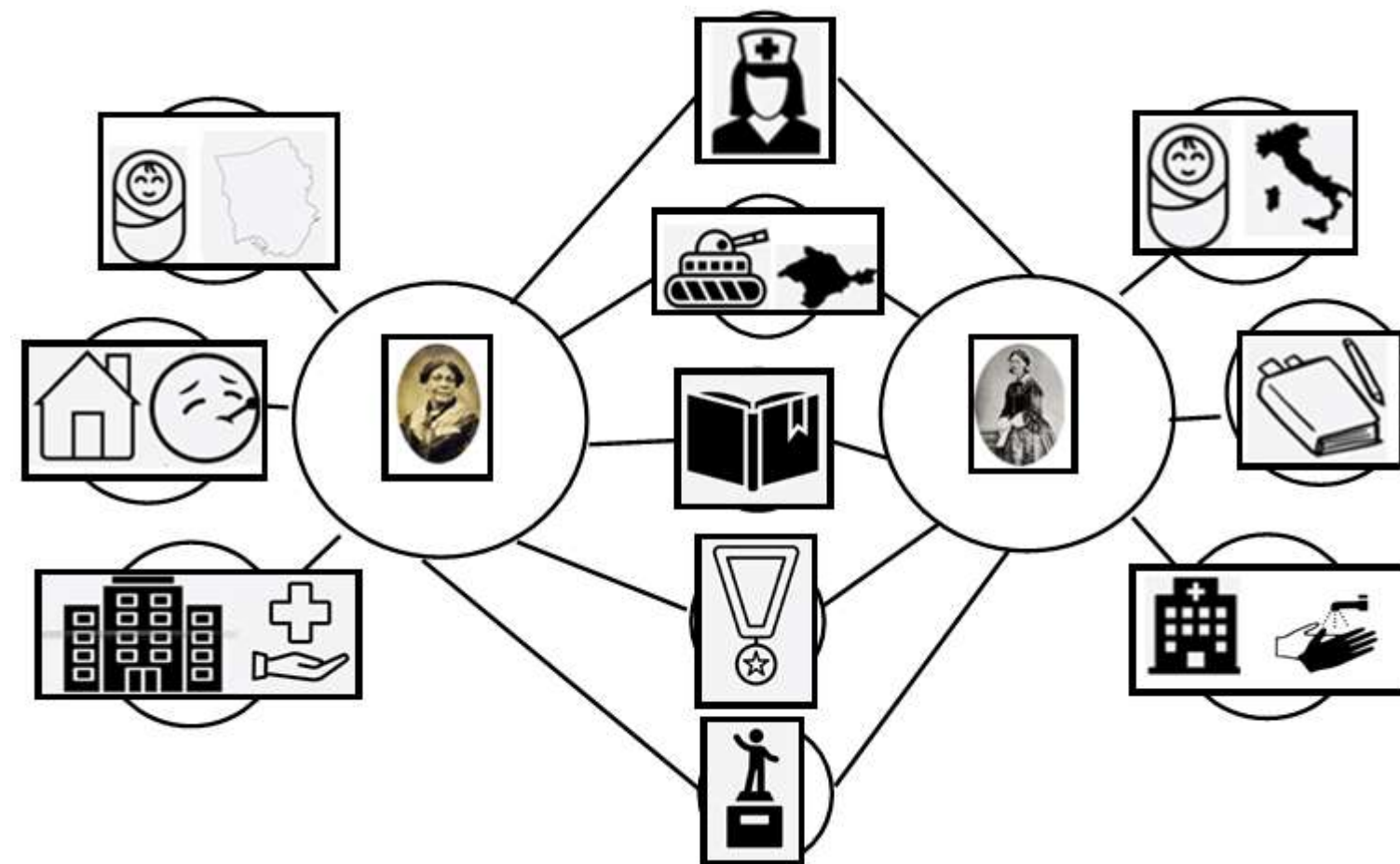
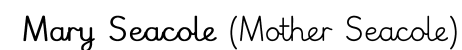
Opened the
Nightingale
training school.



Born 23rd
Nov,
Jamaica



80,000
people raised
money for
her.



To become a healthy adult, we need a balanced diet, regular exercise and good hygiene.

five food groups



benefits of exercising

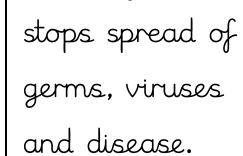
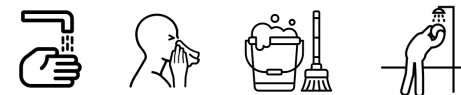


energy stronger muscles

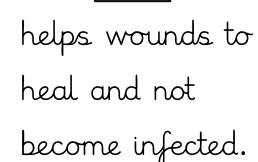


wellbeing sleep

staying hygienic



stops spread of
germs, viruses
and disease.



helps wounds to
heal and not
become infected.



) Jesse Boot made herbal medicines.



Founded the Nottingham based company.



Nottingham has ~~two~~ main hospitals.

Queens Medical Centre.

Nottingham City Hospital.

The books we'll use to support our "Medical Marvels" topic are:

"George's Marvellous Medicine" by Roald Dahl

George Kranky's Grandma is a miserable grouch. George really hates that horrid old witchy woman. One Saturday morning, George is in charge of giving Grandma her medicine. So-ho! Ah-ha! Ho-hum! George knows exactly what to do. A magic medicine, it will be. One that will either cure her completely... or blow off the top of her head.



"Vlad and the Florence Nightingale Adventure" by Kate Cunningham

Vlad the flea and Loxton the rat are perfectly at home in the dirt and filth of Scutari Hospital. But the arrival of Florence Nightingale and her strange companion changes everything. Will the friends be driven out or can they save the day?



The questions and outcomes we'll cover are:

Week 1

Question: How can I have a healthy diet?

Outcome: To make a healthy breakfast including food from different food groups.

Week 2

Question: Who was Florence Nightingale and Mary Seacole?

Outcome: To show a double bubble to show the life of Mary Seacole and Florence.

Week 3

Question: How did Florence and Mary help change the world?

Outcome: To write an explanation text about inspirational women from the past.

Week 4

Question: How can we sing a song about Mary Seacole?

Outcome: To perform a song using different tempo and dynamics.

Week 5

Question: What did Florence and Mary encounter?

Outcome: To write a description of what hospitals were like in the past.

Week 6

Question: Who was Jesse Boot?

Outcome: To write a short description of Jesse Boot and the impact he had.

Key vocabulary

figure	An important person who helped shape the world in a way.	cause	The starting point of something.
germs	Tiny living things that cause disease.	effect	A change which is a result of an action.
hygiene	The way we care for and clean ourselves.	impact	A significant difference after an event.
infection	When germs get inside the body and spread.	inspirational	a type of germ that makes a person ill.

Key skills we'll be building on:

In computing, we will be using our coding and sequencing skills to create our own project.

In R.E, we will be building on our knowledge of Islam exploring how the importance of a mosque to Muslims.

In music, we will be revisiting our ability to sing at different speeds to perform a song.

In history, we'll explain how Florence Nightingale, Mary Seacole and Sir Jesse Boot had a significant impact in the world.

In DT, we will be exploring food and nutrition by preparing a non cook dish. We will build on our hygiene skills too.

In P.E, we'll improve running and jumping movements, reflect on activities and make connections to healthy, active lifestyles.

Why not try this at home?

Create a food diary of all the food you have eaten in a week.

Design and complete a daily exercise routine for you and your family to follow.

Research about any incredible women who helped change the world.